



Mary-ann's Natural Emporium Menu

<https://menuweb.menu>

1 Urtel Crescent, Somerset Mall Plaza (at 1st Floor, Triangle House, Same Building As Standard Bank), Cape Town, South Africa, 8005

+27870929103,+27218562500 - <https://www.mary-anns.com>



A complete [menu](#) of Mary-ann's Natural Emporium from Cape Town covering all 22 courses and drinks can be found here on the food list. Mary-Ann's Natural Emporium is a family-run vegetarian restaurant and shop in Cape Town, South Africa that offers a delicious and nutritious buffet lunch. The menu changes daily, ensuring fresh and beautiful dishes for their customers.

Mary-ann's Natural Emporium Menu



Main Courses

LASAGNA

Drinks

SMOOTHIES

Sauces

MAYO

Dessert

BROWNIE

Indian

CHICKEN CURRY

Mexican Dishes

CHILLI SAUCE

Asiatische Gerichte - Huhn

THAI CURRY

Beverages

JUICES

Restaurant Category

GLUTEN FREE

VEGAN

These Types Of Dishes Are Being Served

PIZZA

BREAD

Ingredients Used



MUSHROOMS

CHOCOLATE

MILK

BUTTER

PEANUT BUTTER

YOGURT

HONEY

ALMOND MILK

ZUCCHINI

QUINOA

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South Africa, 8005

Opening Hours:

Thursday 09:00-17:00

Friday 09:00-17:00

Monday 09:00-17:00

Tuesday 09:00-17:00

Wednesday 09:00-17:00

